

# **CHECK-IN**

What superpower  
would you like to have  
and why?

Take some time to  
share with the class!





# POWER POSE!



STAND UP AND TRY A POWER POSE!

A POWER POSE IS SOMETHING THAT MAKES YOU FEEL POWERFUL. IT CAN BE HANDS ON YOUR HIPS, SUPER HERO STANCE, OR ANYTHING ELSE THAT FEELS RIGHT TO YOU. HOLD IT FOR 1 MINUTE WITH THE CLASS!





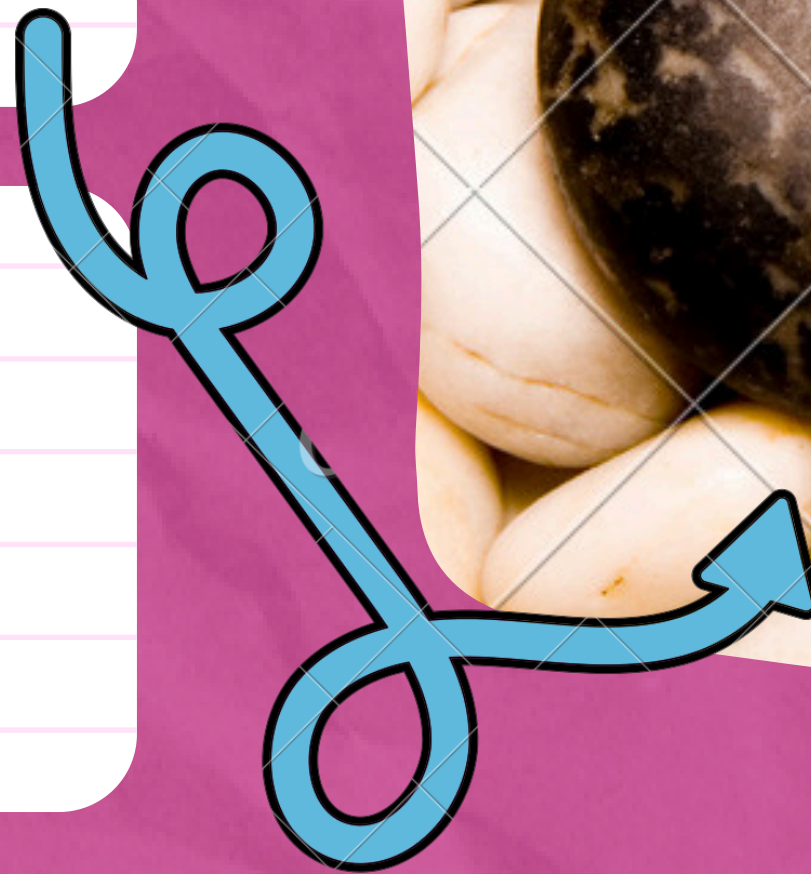
# REFLECTION

1

What pose did you choose for your power pose?

2

How did the power pose make you feel?



# QUOTE OF THE DAY



“Logic will get you from A to B.  
Imagination will take you  
everywhere.”

Albert Einstein



What do you think this means?



# CREATIVE COMMUNITY BUILDING STORY TIME!

## Role #1

### Storyteller

To be a story teller:

1. Raise your hand
2. Listen to the story until you are called on
3. When it is your turn, you have **ONE SENTENCE** to add to the story
4. Continue listening to the class story!

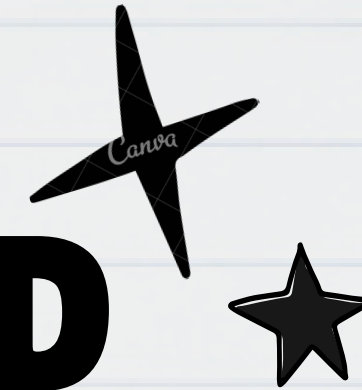
## Role #2

### Illustrator

To be an illustrator:

1. Open the link that your teacher shared in the chat
2. As the story is being told, draw, add pictures, graphics, thought bubbles, etc. to the story board.
3. Be mindful of other student's work!

# OUR STORY BOARD



Let's see what our illustrators came  
up with!



# **TAKE-AWAYS**



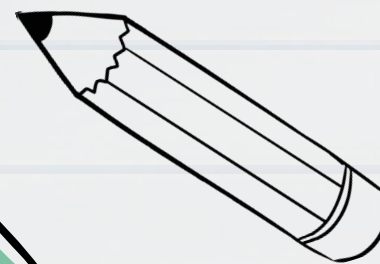
## **Creativity**

When we dream big,  
we need to be  
creative. Remember  
all ideas started  
somewhere!



## **Teamwork**

We can get creative  
together, build a  
team, make friends,  
and do amazing  
things!





# CREATIVE MOVEMENT

- While the song plays, stand up or stay seated, but give yourself time to move, stretch, and let your mind relax
- Try moving in a way that makes you happy!
- Figure out your favorite movement or dance move and be ready to share out!

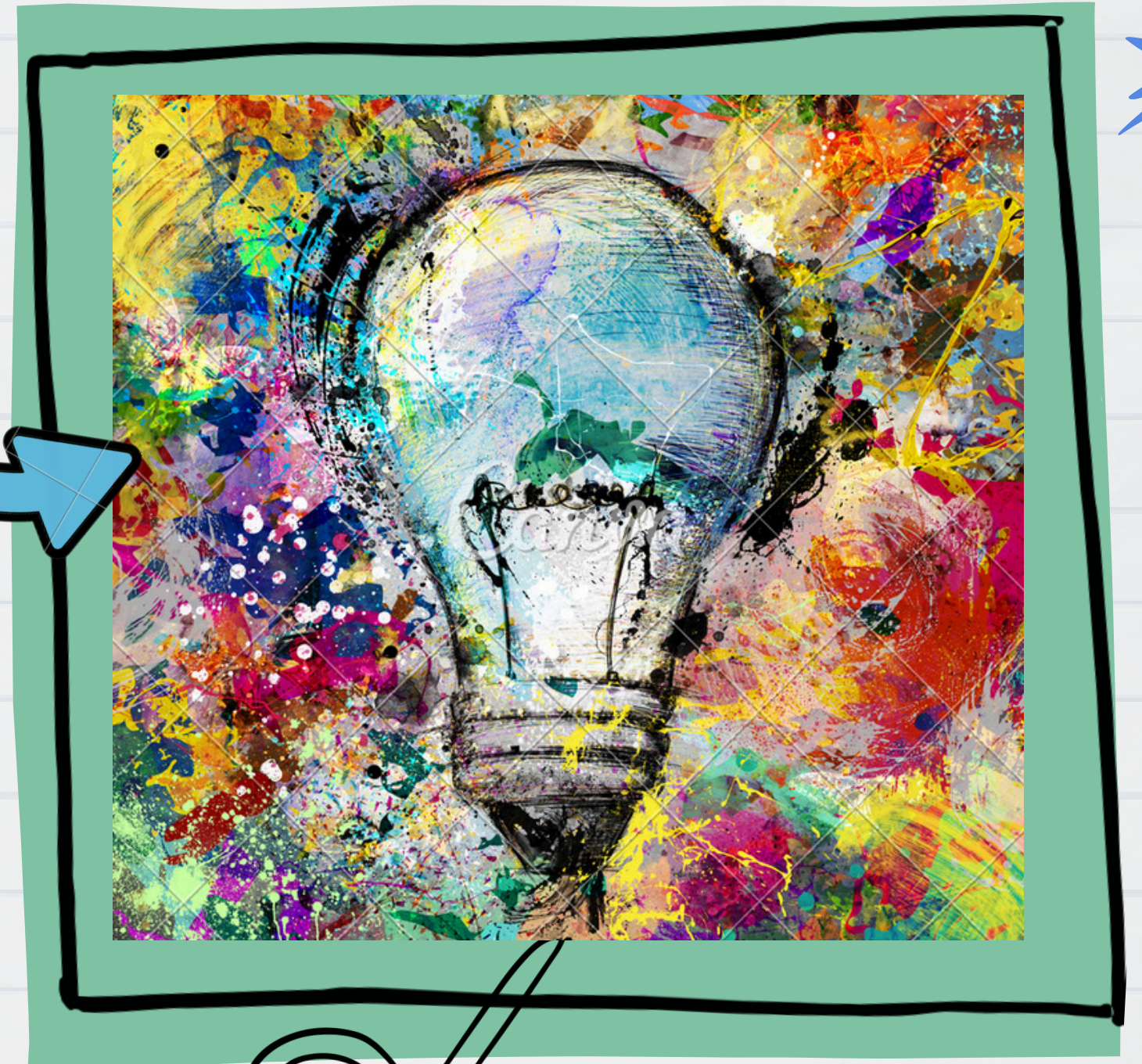
Happy Music Video



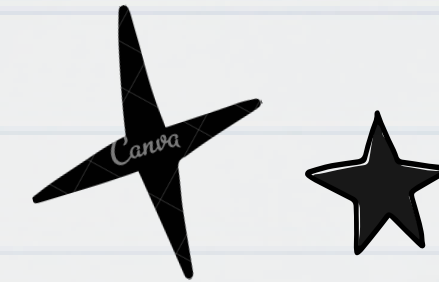


# THINK ABOUT IT

What is the most creative  
thing you have ever  
done?



# VIDEO



Designing Robots to Attach to  
Humans





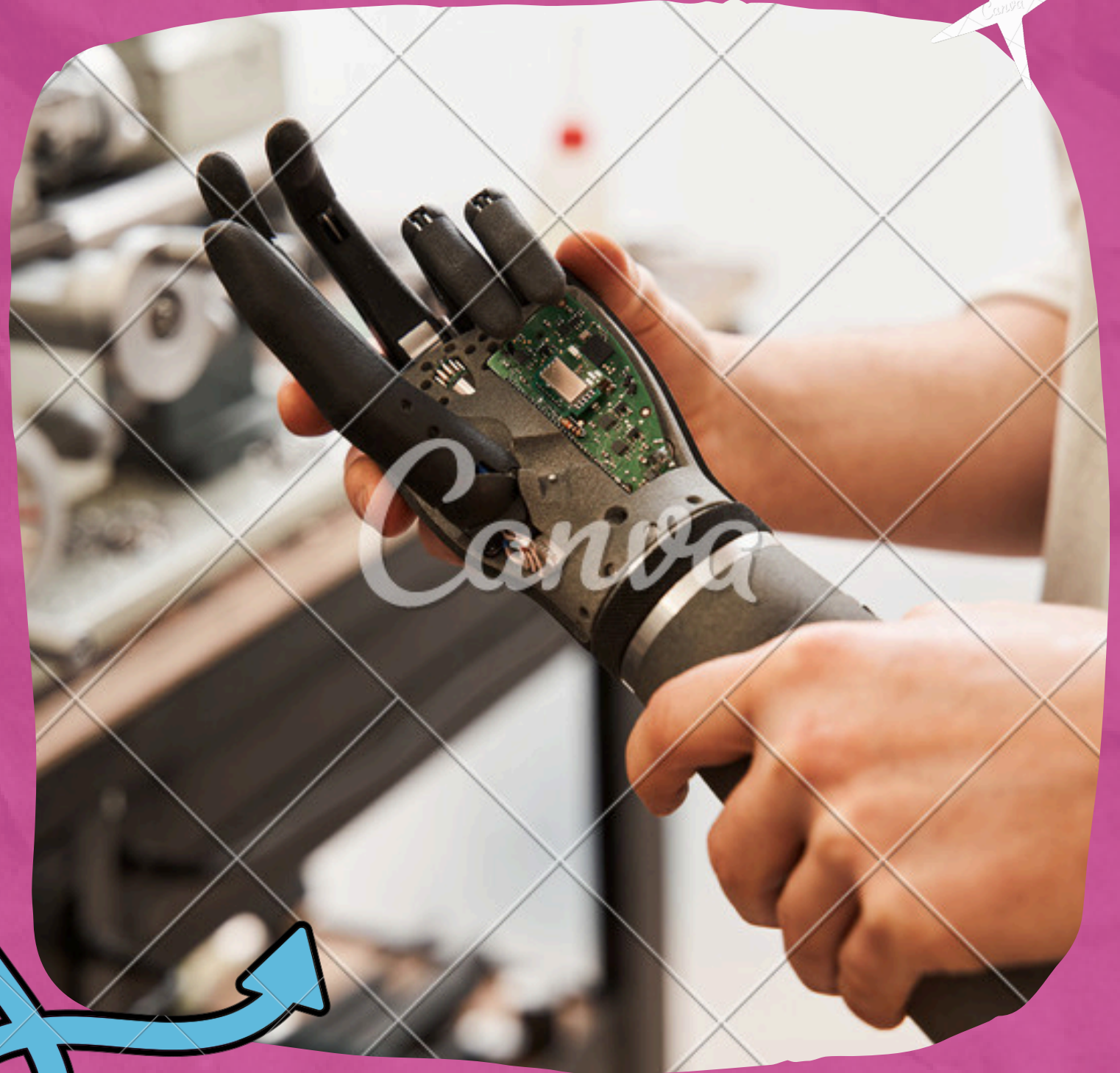
# DISCUSSION

1

How did Hugh Herr demonstrate the power of creativity and imagination?

2

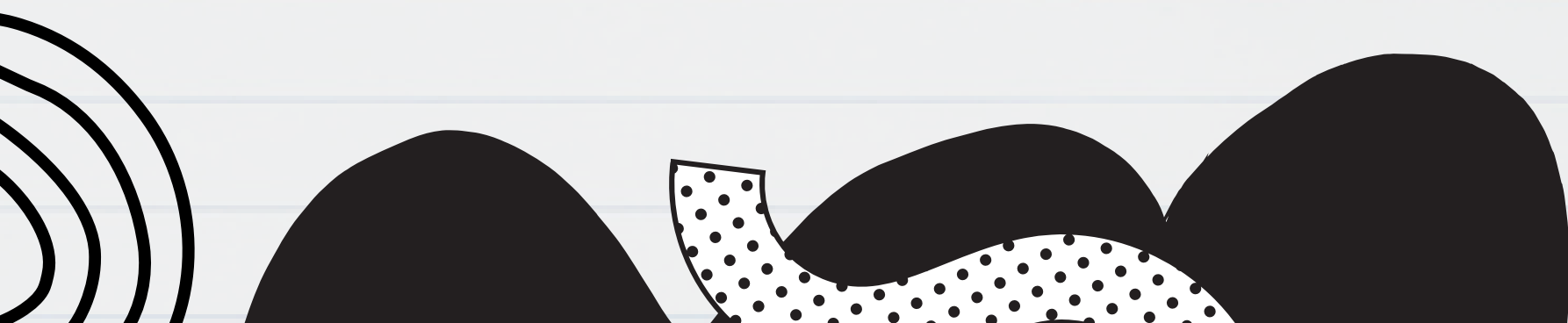
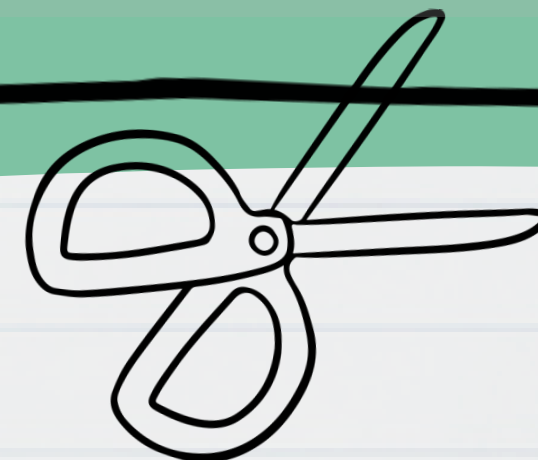
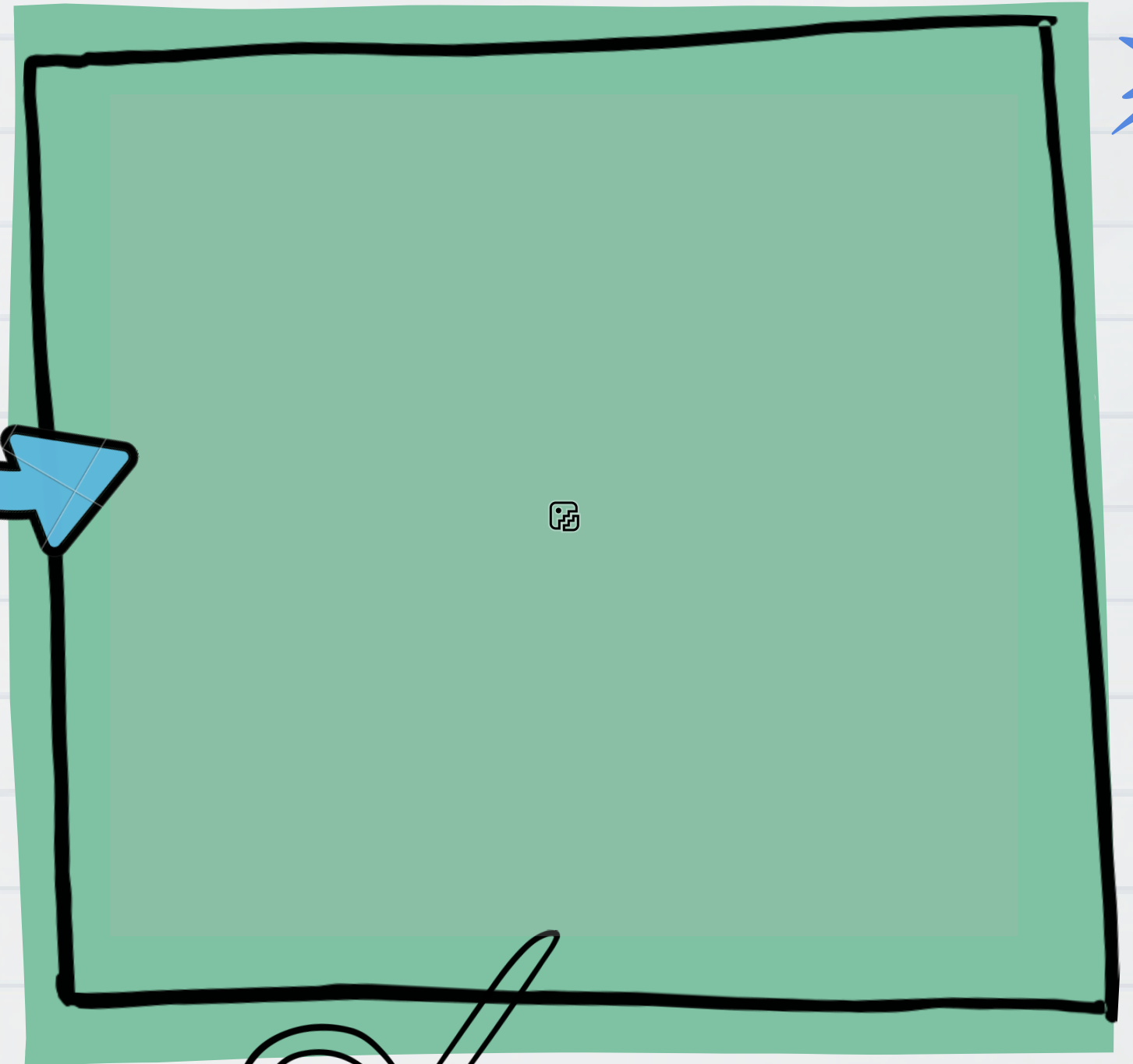
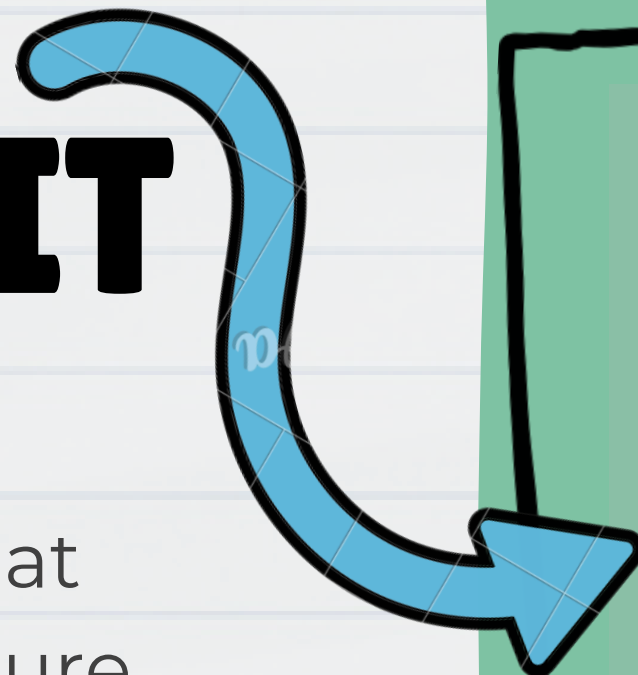
How did Hugh Herr's accident affect his attitude and outlook on life?



# **THINK ABOUT IT**

Is there something in your life that  
has influenced your dreams or future  
career aspirations?

If you feel comfortable enough to  
share you can raise your hand or use  
the chat.





# **SKILLS SHOWCASE**



## **Part #1**

1. Share a post on the padlet of a skill or hobby you excel at or are developing.
2. Include a title with the hobby
3. Include a visual of the hobby from your own work!

## **Part #2**

1. Read through your classmates posts
2. Add a positive comment to someone's post!

