



1. Homeroom Takeover with Mrs.
Papadopoulos - Friday,
September 19th

Make sure your

6th grade
calendar is
checked!

Kelly Honda
Geography Demo - Honda
MS Leadership Club
ORN010E6 Online Learning 612 - Honda
iQ Academy California Los
Angeles - Grade [06]



Join Music



Middle School Art Walk Join the Class Connect session at 1:00 pm

Add your own submission for the Art Walk by sending your art to your HR teacher!





MONTHLY

SEPTEMBER:

Everything is Possible

WEEK 1: 9/3-9/6

Dream Big

WEEK 2: 9/9-9/13

Embrace Creativity

WEEK 3: 9/16-9/20

Think Positive

WEEK 4: 9/23-9/27

Act & Adjust

Weekly Objectives

- Visualize our dreams
- Develop a positive attitude toward achieving our dreams
- Ways to manage challenging emotions and feelings that get in the way of our dreams

How will you participate?



Wednesday

Great British Baking Show









one of these shows, which would you choose?

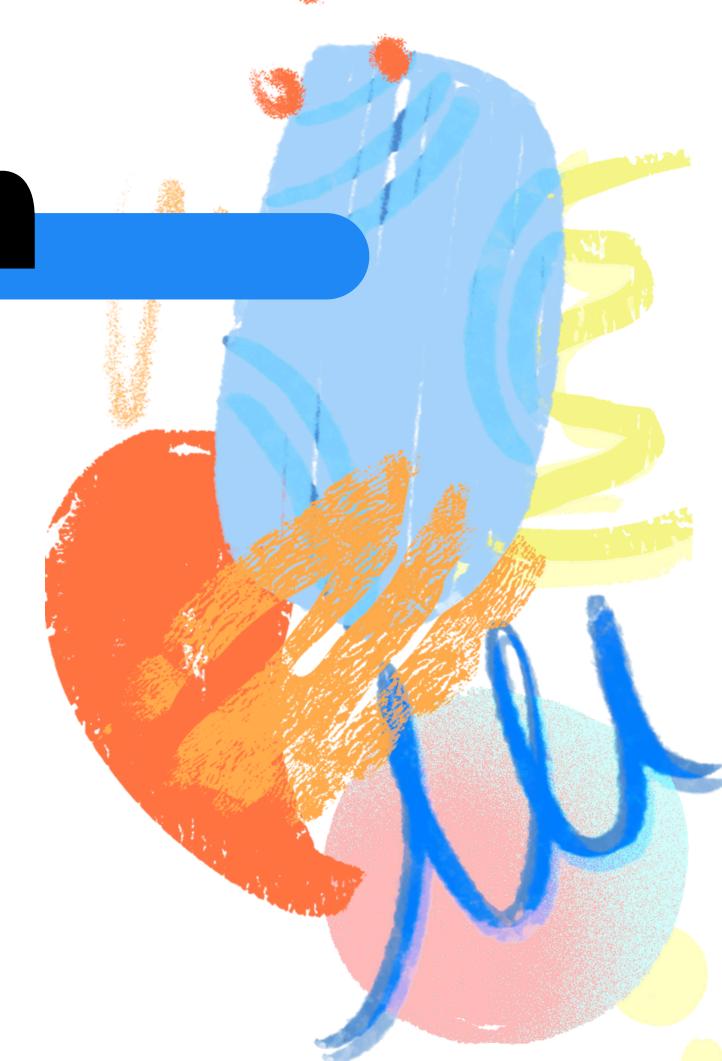
If you competed on

Family Feud

Discussion

What is your favorite part about school?

Use the whiteboard, chat, or mic to respond.



Two Truths & a Lie

Directions

Take 3 minutes to write down 2 unique facts about you and one lie. When the time is up, we will take turns sharing and trying to guess the lie!

Quote of the Day

"Perpetual optimism is a force multiplier."

Collin Dowell

What do you think this means?

HOK

Studies demonstrate that optimistic people not only live longer than pessimistic people, but also live healthier lives.

Choose if you will sit or stand for this exercise.

If you are standing, try to jump as high as you can.

If you are sitting, try to reach your hand s up as high as you can.



Againi

Raise your hand if you would be willing to show the class on camera. When it is someone's turn, on mic or in chat, encourage them, give praise, or cheer them on as they repeat the exercise.

Did you feel like you could jump or reach higher with the cheer from your peers?



Do you think that you jumped or reached higher with the cheer and encouragement from your peers?

What effect did the positivity from others have on you? (Hint: Think about how you feel, how you did, and what you were able to achieve.)

Share by raising your hand, sending in the chat, or using the whiteboard.



DISCUSSION

On Monday we talked about our unique qualities and what we can achieve with positive influences.

When you face a challenge how do you speak to yourself?

Are you negative, neutral, or positive?



DISCUSS

The doctors told Wilma she would never walk again, but they were wrong. How did Wilma Rudolph demonstrate the power of positive thinking to prove them wrong?



DISCUSSION

Tell us about a time you had to prove someone wrong who doubted you. What type of positive self-talk did you use?

Discussion

WANTE LINE

What are some examples of positive self-talk that you will use daily?

4 Corners

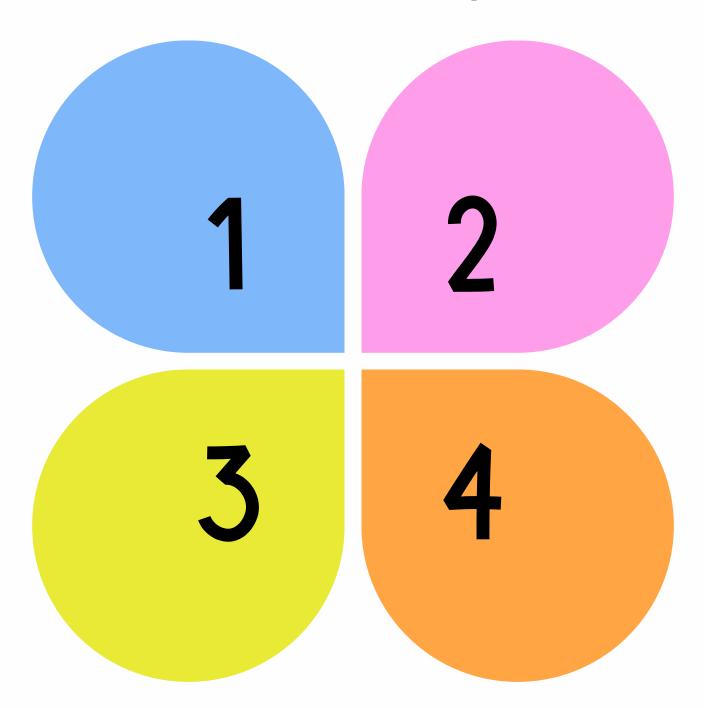
What is something you want to improve on this week?

Self Talk Talking and treating

yourself nicely, even in challenging situations.

Encouraging Others

Offering others encouragement and praise to cheer them on and help them create a positive mindset.



Positive Mindset

Trying to be more optimistic, whether that's a test you have to take, something you have to do, or a challenge you are facing.

Affirmations

Creating words or phrases of affirmation that you can use to motivate or encourage yourself,



DISCUSSION

What are some things that get in the way of having a positive attitude?

Discussion

How can you have a positive attitude in a situation that is particularly challenging?



