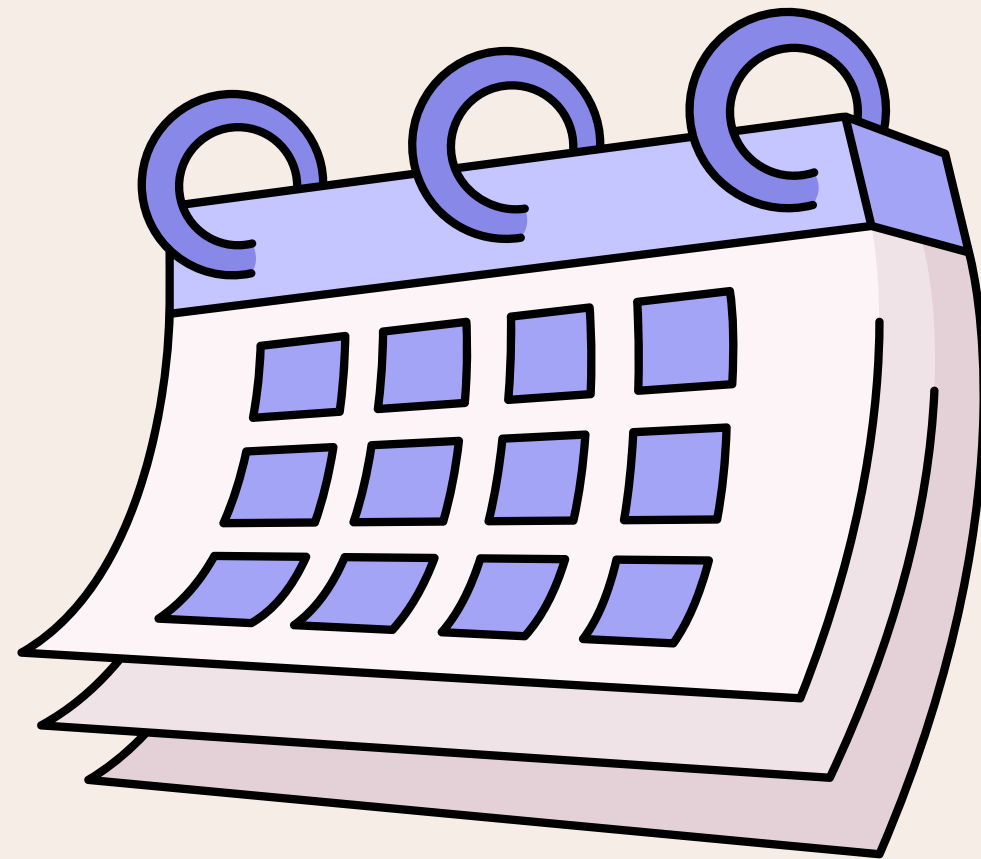




UNIT 2: PASSION FIRST

Lesson 2.1 Focus on Strengths

Announcements



- Outing Day: October 9th
- Indigenous Peoples Day: October 13th (No School)
 - Honors the cultures and histories of the Native American people
- Coming Up: Parent Teacher Conferences!

Middle School Art Walk

Join the Class Connect session at 12:30 pm

Add your own submission for the Art Walk by sending your art to your HR teacher!

▼ CALENDARS

- ☐ Kelly Honda
- ☐ Geography Demo - Honda
- ☒ MS Leadership Club
- ☒ MS Quad

Friday October 3rd at 12:30 pm!
You're invited to share your art at the Art Walk.
Also, come and have fun!



Make sure this calendar is checked :)

Outing Day: October 9th

What: Santa Monica Beach Trip

Where: 2701 Barnard Way, Santa Monica, CA 90405

When: 10:30 AM-12:00 PM

What: Pumpkin Patch and Farm Tour at Murray Family Farms

Where: 6700 General Beale Road, Bakersfield, California 93307

When: TBD

What: Irvine Park Railroad

Where: 1 Irvine Park Rd, Orange, CA 92869

When: 10:00 AM-12:00 PM

What: San Bernardino County Museum

Where: 2024 Orange Tree Ln 92374

When: 10:00 AM-12:00 PM

What: Underwood Family Farms

Where: 3370 Sunset Valley Road, Moorpark, CA 93021

When: 10 AM-11 AM

What: Virtual Trivia Day on Kahoot

Where: Engageli

When: 10 AM - 11 AM



How can you claim attendance on Outing day?

Outing Days are **NOT** a day off!

1. Attend an outing (in person or virtual!)
2. Login to the OMHS and complete your assignments
3. Do both 1 and 2! You will still have some assignments to do that day, but just a smaller amount 😊

Weekly To Dos

Art

Continue working on your asynchronous assignments!

PE

Submit your weekly PE logs!

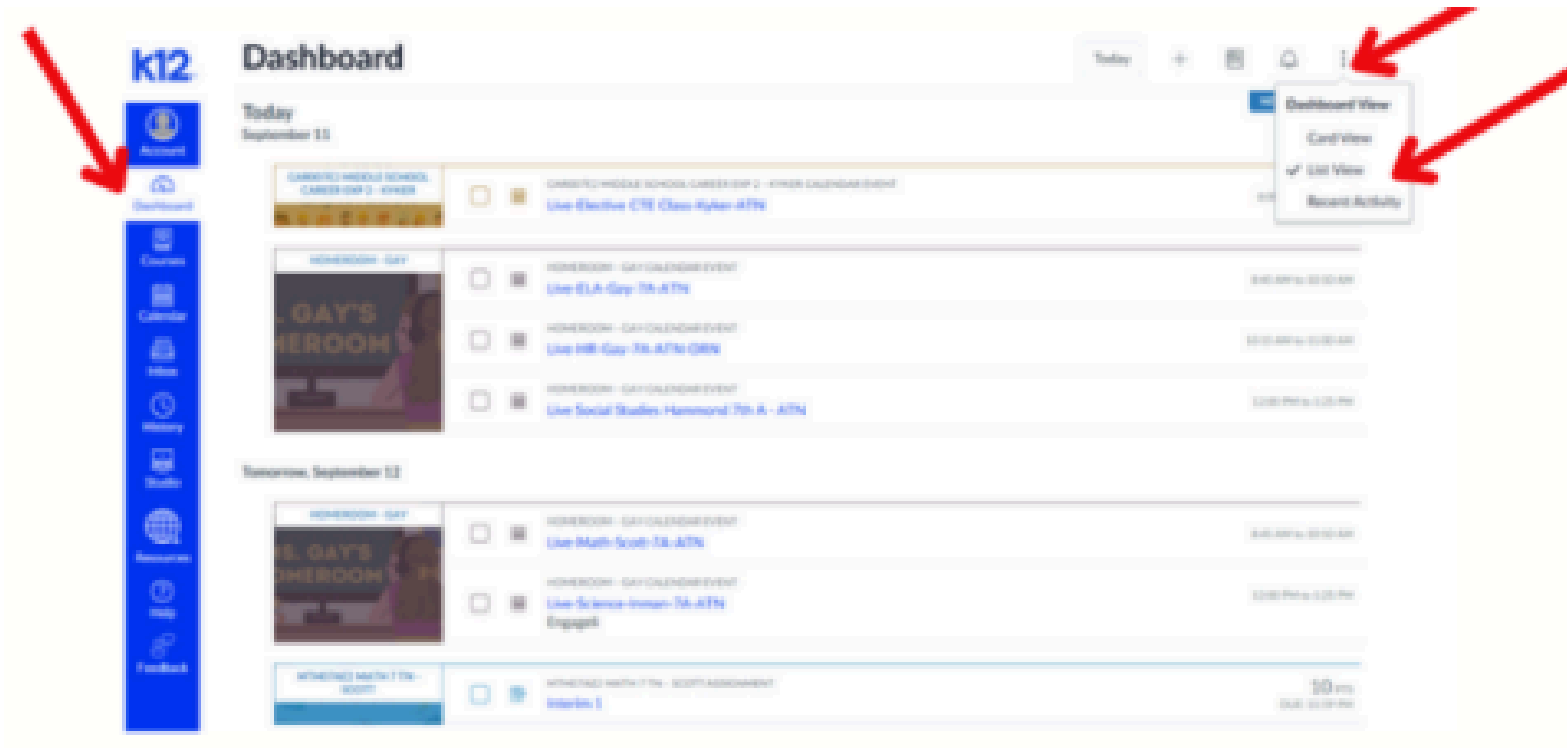
Careers

Continue to attend Mrs. Showers' CAR sessions each week!

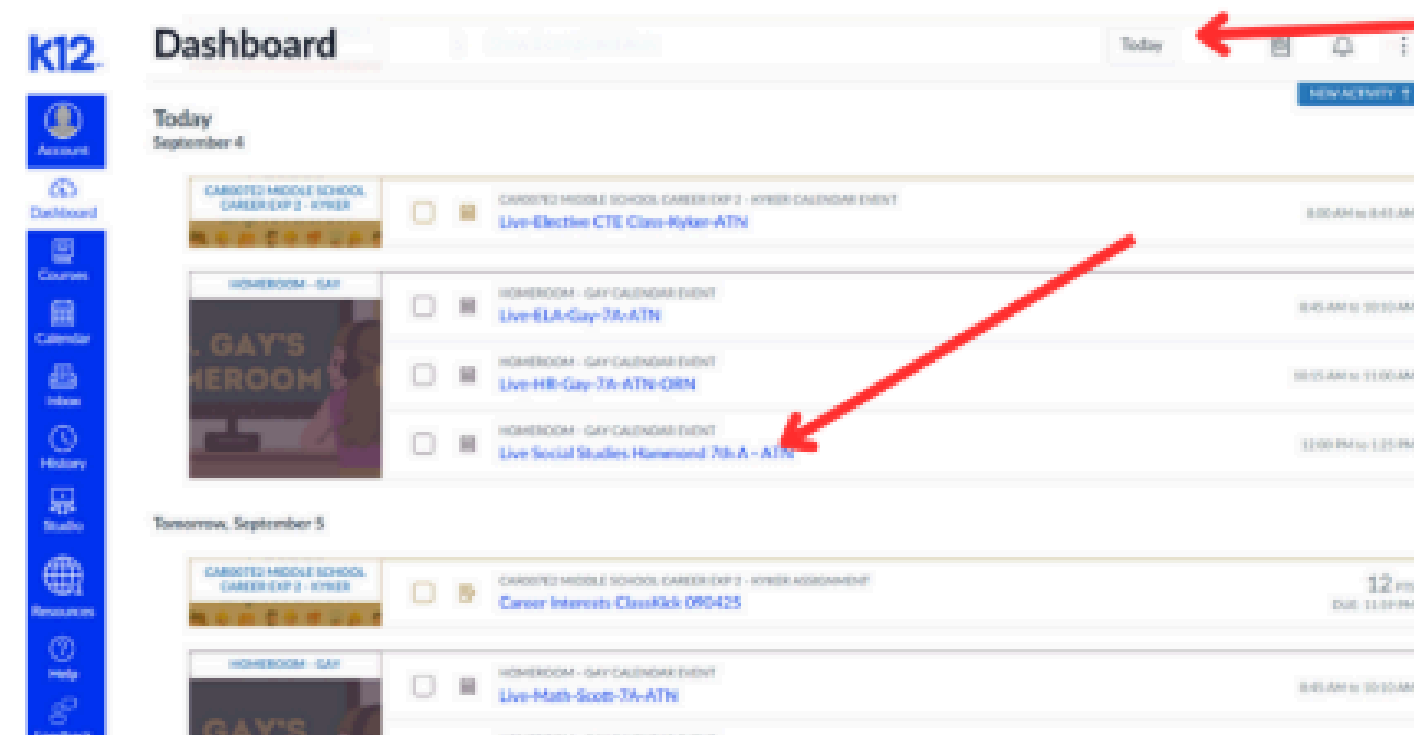
Another Way to View All of Your Classes

Step 1: Log into your Canvas Account and Go to your Dashboard

Step 2: Go to the Three Dots and Select the List View Option



Step 3: Click **Today** to view all your classes for that day. Use the links to access your classes.





**CLICK HERE TO ENJOY
LEADERSHIP CLUB'S
OCTOBER NEWSLETTER**

Passion First



9/29-10/3: Focus on your strengths

10/6-10/10 Explore your interests

10/20-10/24 Take a stand

10/27-10/31 Be Authentic

MONTHLY MINDSET

Weekly Objectives

- Gain an understanding of why exploring our passions matters in achieving our dreams
- Become aware of different types of strengths to include physical, academic, situational, and personality based



Have constant
hiccups

Only move around
by dancing from
place to place

Four Corners

Would you rather...

Have to sing
everything you say

Have to do a flip every
time you enter or leave
a room

Daily Check-in

Fill in the blank:

I make the world

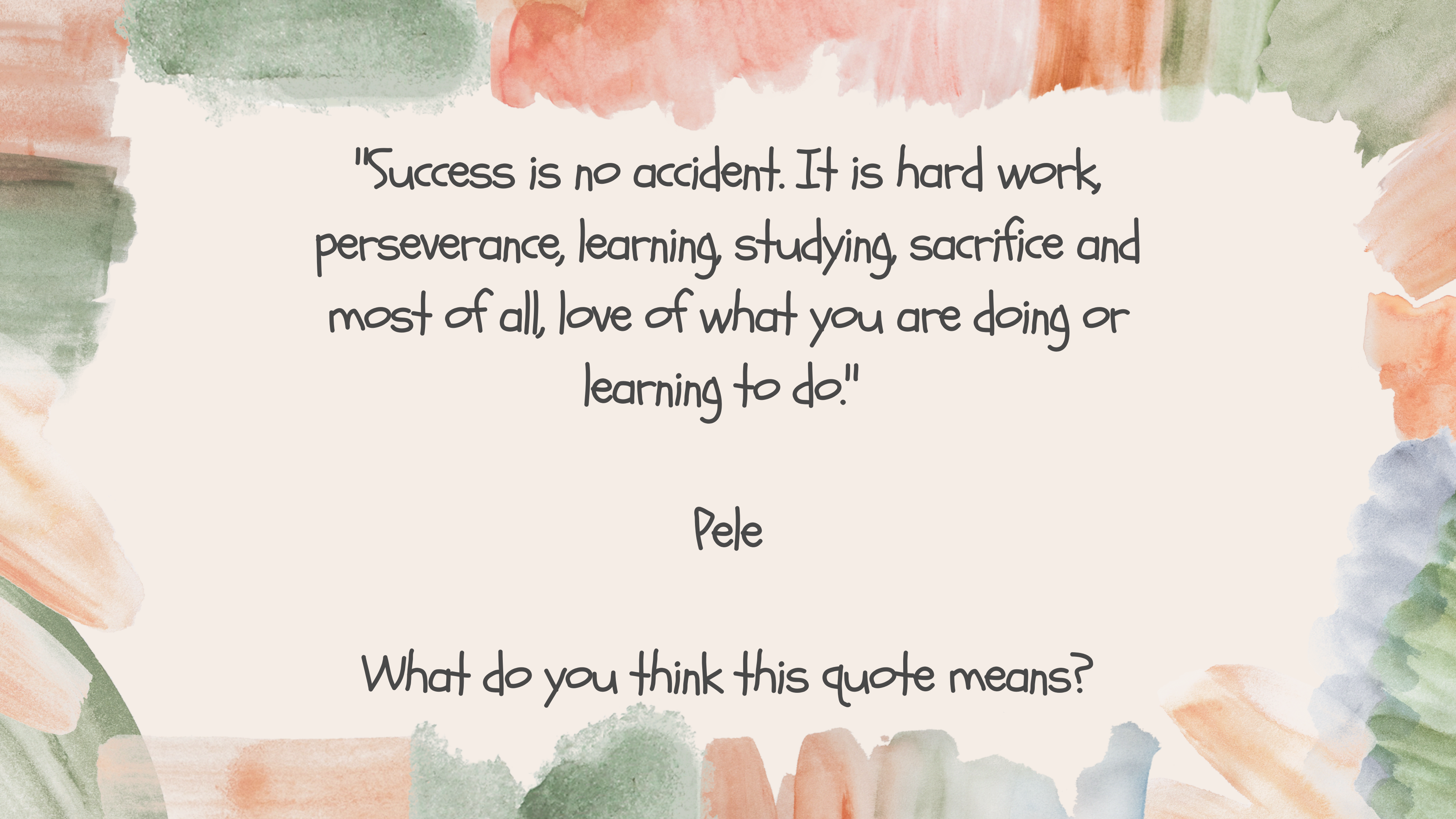
_____.





A MOMENT OF MINDFULNESS

1. GET COMFORTABLE IN YOUR SEAT
2. CLOSE YOUR EYES OR RELAX YOUR GAZE
3. TAKE SOME DEEP BREATHS AT YOUR OWN PACE
4. INHALE
5. EXHALE AND LET THE STRESS AND TENSION
LEAVE YOUR BODY
6. CONTINUE THIS UNTIL THE TIME IS UP



"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do."

Pele

What do you think this quote means?

What do you think
resilience means?

Share in the chat, on the whiteboard, or
over mic!



Our Success Word Wall

Help us make a word wall about success. In one word, what does success mean to you?



What is something you love
and would do for free for
the rest of your life?

Share in the chat, on the whiteboard, or over mic!



What strengths would you need?



A decorative border made of watercolor brushstrokes in shades of orange, green, and blue, framing the central text.

VIDEO: PASSION FIRST

What are some things that the people in the video had to endure when pursuing their passion?






DISCUSSION

WHAT ARE SOME CHALLENGES AND ROADBLOCKS
THAT YOU HAVE FACED WHEN PURSUING YOUR
PASSION?

A decorative border made of watercolor brushstrokes in shades of orange, green, and blue, framing the central text.

DISCUSSION
WHY IS IT IMPORTANT TO PLAY TO YOUR
STRENGTHS IN LIFE?

A decorative border made of watercolor brushstrokes in shades of orange, red, green, and blue, framing the central text.

FUN FRIDAY: FALL TRIVIA GAME



Challenge:

This week focus on your strengths and pursue your passion. It's guaranteed to make you happier!

Think about your interests and inspirations for our lesson next week!